
SARA KNAUER

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ADDRESS

320 Upland Blvd
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HEIGHT

5 ft 2 in

WEIGHT

87 lbs

EYES

green

HAIR

dark brown

PERFORMANCE

CIRQUE DU SOLEIL: 'TWAS THE NIGHT BEFORE — 2025

Duo Straps: Kravis Center (West Palm Beach), Madison Square Garden (New York City).

CIRQUE DU SOLEIL: MAD APPLE — MAY 2022 - DECEMBER 2024

Duo Straps.

SPIEGELWORLD: ABSINTHE — 2021 - 2022

Duo Straps.

CIRQUE DE DEMAIN — 2020

Duo Straps. Bronze Medal.

CIRQUE DU SOLEIL: THE BEATLES' LOVE — 2014 - 2022

Contortion rope, bungee, harness, dance. Character backup with solos on aerial window and body loop. Acrobatic captain from 2015-2018, artist coach from 2018-2022.

CIRQUE DU SOLEIL: SPECIAL EVENTS — 2018 -2019

Original duo straps work for Arab's Got Talent Finale (Beirut), Life is Beautiful (Las Vegas), Sir Roosevelt (Denver) through Cirque du Soleil, and Cirque du Soleil's internal cabaret.

ONE NIGHT FOR ONE DROP — 2015, 2018, 2019

Aerial tissu, single-point lyra, aerial ladder, group acrobatics (adagio and contortion), duo and trio straps.

CIRQUE MECHANICS — 2013

Various corporate events: tissu, swing, harness.

ALOFT CIRCUS ARTS — 2012 - 2014

Solo tissu, duo lyra, group acro, and ambient performances for both corporate events and creative projects.

EL CIRCO CHEAPO CABARET — JAN 2012 - 2014

Monthly variété-style show. Solo tissu, duo lyra.

AERIAL ACROBATIC ARTS FESTIVAL — MAY 2012

Solo tissu. Winner: Best Overall Performance.

ADDITIONAL SKILLS

MASTER PILATES INSTRUCTOR — 2006 - PRESENT

Full mat and equipment certification. Additional specialization in posture and gait analysis, active flexibility, neurological conditions, and in spine, pelvis, and lower leg rehabilitation and injury prevention.
