

SARA KNAUER



sara.knauer@gmail.com

(773) 590 1674

Las Vegas, Nevada

STATISTICS

HAIR Brown
EYES Green
WEIGHT 87lbs
HEIGHT 5'2"

DISCIPLINES

Duo Straps
Silks
Solo Straps
Adagio
Lyra
Dance Trapeze

HIGHLIGHTS

CIRQUE DE DEMAIN

2020

Bronze Medal: Duo Straps

AERIAL ACROBATIC ARTS FESTIVAL

2012

Best overall performance
Solo-Tissu

CERTIFICATIONS

MASTER PILATES INSTRUCTOR

2006 - PRESENT

Full mat and equipment
certification

Specialization in posture,
gait, and neurological
conditions analysis

Injury prevention/
rehabilitation through active
flexibility, targeting spine,
pelvis, and lower legs

EXPERIENCE

CIRQUE DU SOLEIL: 'TWAS THE NIGHT BEFORE

*Kravis Center (West Palm Beach), Madison Square
Garden (New York City).*

Duo Straps

2025

CIRQUE DU SOLEIL: MAD APPLE

Duo Straps

2022-
2024

SPIEGELWORLD: ABSINTHE

Duo Straps

2021-
2022

CIRQUE DU SOLEIL: THE BEATLES' LOVE

Las Vegas NV

Contortion rope, bungee, harness, dance.
Character backup with solos on aerial window
and body loop. Acrobatic captain from 2015-2018,
artist coach from 2018-2022.

2014-
2022

CIRQUE DU SOLEIL: SPECIAL EVENTS

*Original duo straps work for Arab's Got Talent
Finale (Beirut), Life is Beautiful (Las
Vegas), Sir Rosevelt (Denver) through Cirque du Soleil,
and Cirque du Soleil's internal
cabaret*

2018-
2019

ONE NIGHT FOR ONE DROP

*Aerial tissu, single-point lyra, aerial ladder,
group acrobatics (adagio and contortion), duo
and trio straps.*

2015
2018
2019

CIRQUE MECHANICS

Various corporate events: tissu, swing, harness

2013

ALOFT CIRCUS ARTS

Solo tissu, duo lyra, group acro, and ambient
performances for both corporate events
and creative projects

2012-
2014

EL CIRCO CHEAPO CABARET

Mexico City

Monthly variety-style show. Solo tissu, duolyra

2012-
2014